

# WEAKLEY COUNTY SCHOOL NUTRITION LUNCH MENU

SCHOOL: DRESDEN K-8

DATE: May 2009

**Meat:** K-3 1½ oz. 4-12 2 oz.      **Fruit/Veg:** ½ to ¾ c      **Grain/Bread:** 1 serving      **Milk:** 8 oz. (Milk offered daily)

| May 4   | May 5   | May 6   | May 7  | May 8   |
|---|---|---|--|---|
| Chicken Rings<br>Or<br>Crispy Fried Steak<br>Roll<br>Parsley Potatoes<br>Green Beans<br>Strawberries<br><br>5-8 Salad Bar             | <b>DMS Field Day</b><br><br>Hamburger<br>Or<br>Hot Dog<br>Assorted Chips<br>Pickle Spears<br>Fresh Apple<br><br>NO BAR                            | Italian Meatballs<br>w/Cheesestick<br>Or<br>Ham Sub Sandwich<br>Corn Nuggets<br>Fresh Broccoli w/Dip<br>Trimmings for Sandwich<br>Mandarin Oranges<br><br>5-8 Salad Bar | Grilled Cheese Sandwich<br>Or<br>Crisritos<br>Brown Beans<br>Carrot Souffle<br>Slaw<br>White Grapes<br><br>5-8 Salad Bar | Stir Fry over Rice<br>With Eggroll<br>Or<br>Bologna Sandwich<br>Cauliflower & Broccoli with<br>Cheese Sauce<br>Glazed Apples<br>Sugar Cookie<br><br>5-8 Salad Bar |
| May 11  | May 12  | May 13  | May 14   | May 15  |
| Cheese Pizza<br>Or<br>Chicken Salad with Crackers<br>Corn<br>Tossed Salad<br>Peaches<br>Apple Sticks<br><br>5-8 Salad Bar             | Bacon Cheeseburger<br>Or<br>Chicken Strips<br>Trimmings for Burger<br>Blackpepper Fries<br>Assorted Frozen Fruit<br><br>5-8 Salad Bar             | Sweet & Sour Chicken Patty<br>Or<br>Beef Fingers<br>Roll<br>Potato Casserole<br>Green Beans<br>Pears<br><br>5-8 Salad Bar   | Frito Chili Pie with Corn<br>Chips<br>Or<br>Fish Sandwich<br>Cheddar Rounds<br>Slaw<br>Mixed Fruit<br><br>5-8 Salad Bar  | <b>DES Field Day</b><br><br>Ham Sandwich<br>Or<br>Turkey Sandwich<br>Assorted Chips<br>Pickle Spears<br>Assorted Cookies<br>Banana<br><br>NO BAR                  |
| May 18  | May 19  | May 20  | May 21   | May 22  |
| Chicken Nuggets<br>or<br>Sweet & Sour Meatballs<br>Roll<br>Cream Potatoes w/Gravy<br>Green Beans<br>Strawberries<br><br>5-8 Salad Bar | Hamburger<br>or<br>Breaded Chicken Sandwich<br>Crinkle Cut Fries<br>Baked Beans<br>Trimmings for Sandwich<br>Pineapple Rings<br><br>5-8 Salad Bar | LAST DAY OF SCHOOL<br><br>½ DAY FOR STUDENTS<br><br>NO LUNCH SERVED   | HAVE A GREAT SUMMER<br>FROM<br>THE LUNCH BUNCH!!   |   |

**“In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call (800)795-3272 or 202-720-6382(TTY). USDA is an equal opportunity provider and employer.”**