

WEAKLEY COUNTY SCHOOL FOOD SERVICE

LUNCH MENU

meat/meat k-3 1 1/2oz
4-12 2 oz.
fruit/veg 1/2 to 3/4 c
grain/bread 1 serving
milk 8 oz. (Milk offered daily)

MARTIN ELEMENTARY

MARCH

A Turkey Sandwich is offered as a third choice every day except Tuesday.

On Tuesday, a Chef Salad is offered.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pizza or Chicken Fajita: W.K. Corn, Tossed Salad, Pears Halves	2 Ravioli Casserole, Roll or Tuna Sandwich: Parsley Potatoes, Veggie Sticks, Dip, Fruit Cocktail	3 Burrito or Hot Pocket: Potato Wedges, Pinto Beans, Mandarin Oranges	4 Chicken Rings, Roll, or Ham & Cheese Roll-up: Parsley Potatoes, Green Peas, Peaches	5 Sack Lunch: Cheeseburger or Hot Dog : Baked Chips, Carrot Sticks, Dip, Fresh Apple, Sugar Cookie
8 Chicken Nuggets, Roll or Bologna Sandwich: Creamed Potatoes, Green Beans, Applesauce	9 Frito Chili Pie or Fish Sandwich: Coleslaw, Mexican Beans, Pineapple	10 Crispy Steak, Roll or Chicken Ranch Wrap : Cheesy Potatoes, Glazed Carrots, Fresh Grapes	11 Hamburger or Stromboli:: Oven Fries, Pork & Beans, Lettuce & Tomato, Peaches, Chocolate Chip Rolls	12 Spaghetti, Garlic Toast or Mini Corn Dogs: Tossed Salad, Corn on Cob, Mandarin Oranges
15 Cheese Pizza Sticks, Marinara Sauce or Ham Sandwich: Ravioli, Pinto Beans, Fresh Apple	16 Macho Nachos or Turkey Hoagie: Potato Wedges, Pickle Spears, Lettuce & Tomato. Strawberries	17 Mac & Cheese w/Ham or Bologna Sandwich: Green Beans, Baby Carrots, Dip, Fresh Banana	18 Lemon Pepper Chicken, Roll or Fish Sandwich: W.K. Corn, Broccoli & Rice Casserole, Pear Halves	19 BBQ Sandwich or Hot Dog: Baked Beans, Potato Rounds, Coleslaw, Applesauce
22 Pizza or Corn Dog: Oven Fries, Carrot Sticks, Dip, Pineapple	23 Turkey & Gravy, Roll or Pimento Cheese Sandwich: W.K. Corn, Black-eyed Peas, Peaches	24 Hamburger Steak, Roll, or Ham & Cheese Sandwich: Creamed Potatoes, Green Peas, Fresh Grapes	25 Chicken Littles or Meatball Sandwich: Green Beans, Glazed carrots, Tropical Fruit, Rocky Road Brownies	26 Lasagna/Breadsticks, or Spicy Sub Sandwich on Hoagie Bun: Tossed Salad, Cheddar Rounds, Pear Halves
29 Taco or Tuna Sandwich: Lettuce & Tomato, Chips, Salsa, Mexican Beans, Tropical Fruit	30 Salisbury Steak, Roll or Grilled Chicken Sandwich: Creamed Potatoes, Green Beans, Mandarin Oranges	31 Chicken & Dumplings or Rib Sandwich: Potato Wedges, California Blend Vegetables, Fresh Apple		

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