

WEAKLEY COUNTY SCHOOL FOOD SERVICE

LUNCH MENU

meat/meat k-3 1 1/2oz
 4-12 2 oz.
 fruit/veg ½ to ¾ c
 grain/bread 1 serving
 milk 8 oz. (Milk offered daily)

(school) MARTIN PRIMARY

(date) March 1-31, 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pizza or Chicken Fajita, corn on the cob, tossed salad, fruit	2 Green Eggs & Ham or Chicken, biscuits, tater tots, veggie tray, fruit Dr. Seuss's Birthday	3 Burrito or Hot Pocket, fries, pinto beans, fruit	4 Chicken Rings, Meatloaf, roll, parsley potatoes, green beans, fruit	5 PB&j or Tuna Sandwich, baked chips, pickle spears, baby carrots, cookie, fruit
8 Chicken Nuggets or BBQ, roll, cream potatoes, green peas, fruit	9 Frito Chili Pie or Fish Sandwich, mixed veggies, Mexican beans, fruit	10 Crispy Steak or Pork chop, roll, cheesy potatoes, glazed carrots, fruit	11 Hamburger or Variety Sandwich, fries, baked beans, rice krispie treats, fruit	12 Spaghetti W/ garlic toast or Mini Corndogs, tossed salad, corn , fruit
15 Cheese Sticks with Sauce or Ham Sandwich, veggie soup, pinto beans, fruit	16 Nachos or Grilled Chicken Sandwich, baked potato , baby carrots, jello cups with fruit	17 Mac & Cheese w/ Ham or Turkey Hoagie, green beans, cream potatoes, fruit	18 Lemon Pepper Chicken or Meatloaf, roll, corn on the cob , broccoli & rice, fruit	19 BBQ sandwich or Hot Dog, baked beans, tator tots, ,fruit
22 Pizza or Corndog, fries, veggie tray, fruit	23 Breaded Chicken or Chuckwagon, breadstick, wk corn, blackeyed peas, fruit	24 Cheeseburger or Chicken Fajita, lettuce & tomato cup, pickle slices, baked chips, fruit	25 Chicken Littles or Meatball Sub, green beans, glazed carrots, fruit	26 Ravioli Casserole with Cheese Stick or, Grilled Chicken Sandwich tossed salad, cheddar rounds, cake squares, fruit
29 Taco or Grilled Cheese, chips & salsa, mexican beans cookie, fruit	30 Hamburger Steak with Gravy or Breaded Chicken Patty, roll, cream potatoes, green beans, fruit	31 Chicken Quesadilla or Rib Sandwich, potato wedges, California Blend veggies, fruit		

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